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**Graham**

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(54) **COUNTERBALANCE AND METHOD OF MAKING THE SAME**

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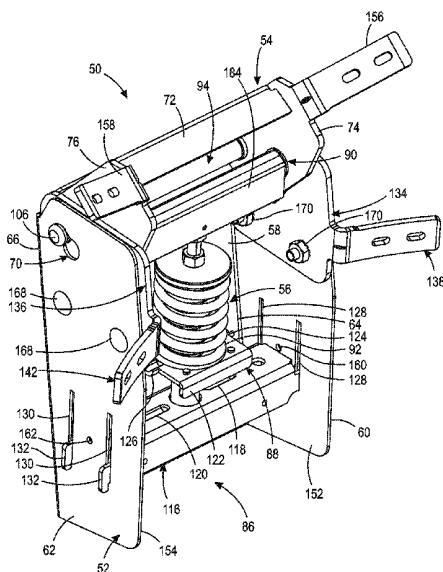
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(57) **ABSTRACT**

A counterbalance assembly, including a housing, a pivot nose pivotably connected to the housing, and a spring pack disposed within a volume formed by the housing, the spring pack including a first end engaged with the housing, a second end engaged with the pivot nose, an energy storage device arranged between the first end and the second end, and a spring retainer operatively arranged to adjust a force of the energy storage device on the pivot nose.

**20 Claims, 11 Drawing Sheets**



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continuation of application No. 15/486,884, filed on Apr. 13, 2017, now Pat. No. 10,221,603.

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**E05D 3/02** (2006.01)  
**E05D 3/12** (2006.01)  
**E05D 11/00** (2006.01)  
**E05F 1/10** (2006.01)

(52) **U.S. Cl.**

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See application file for complete search history.

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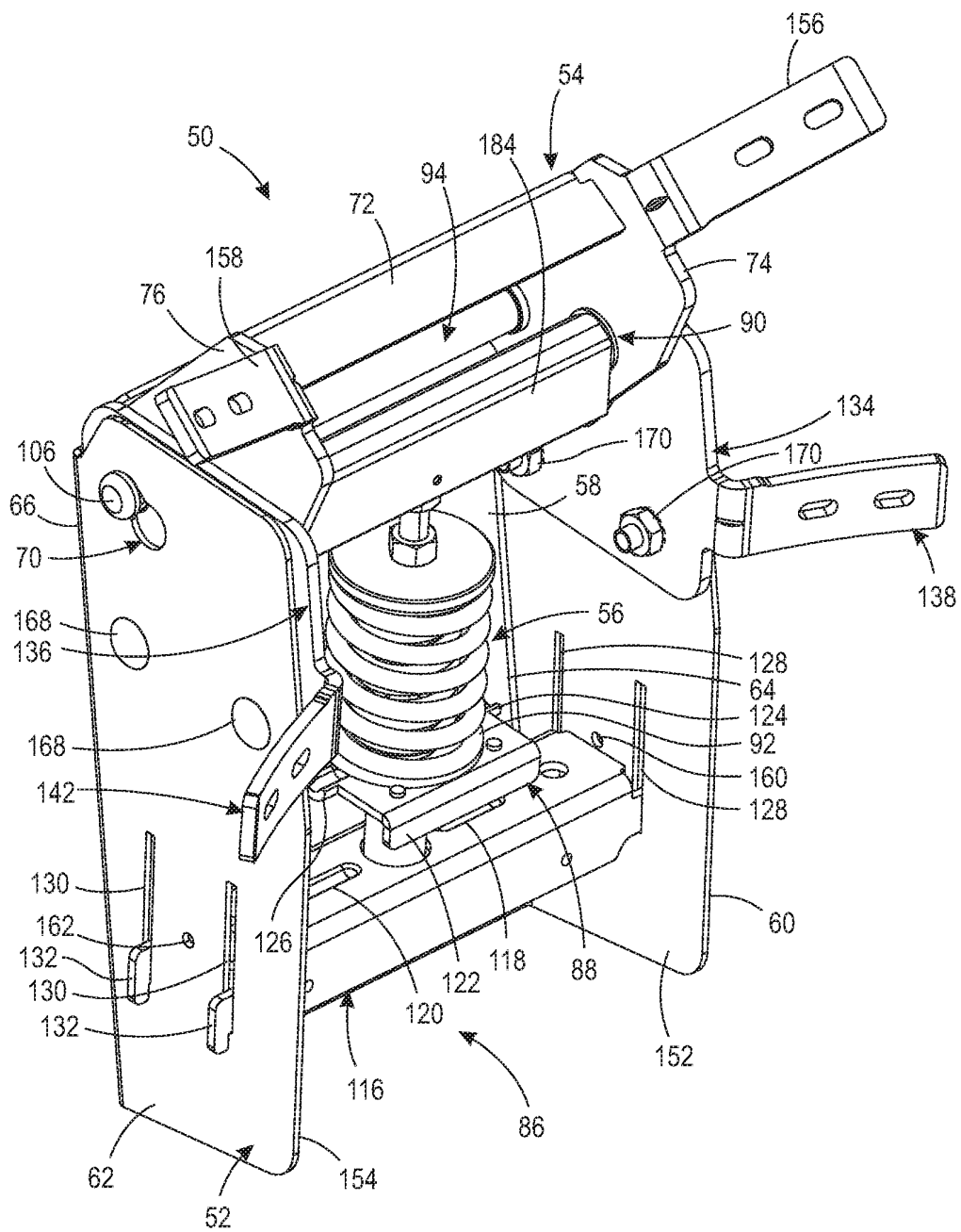


FIG. 1

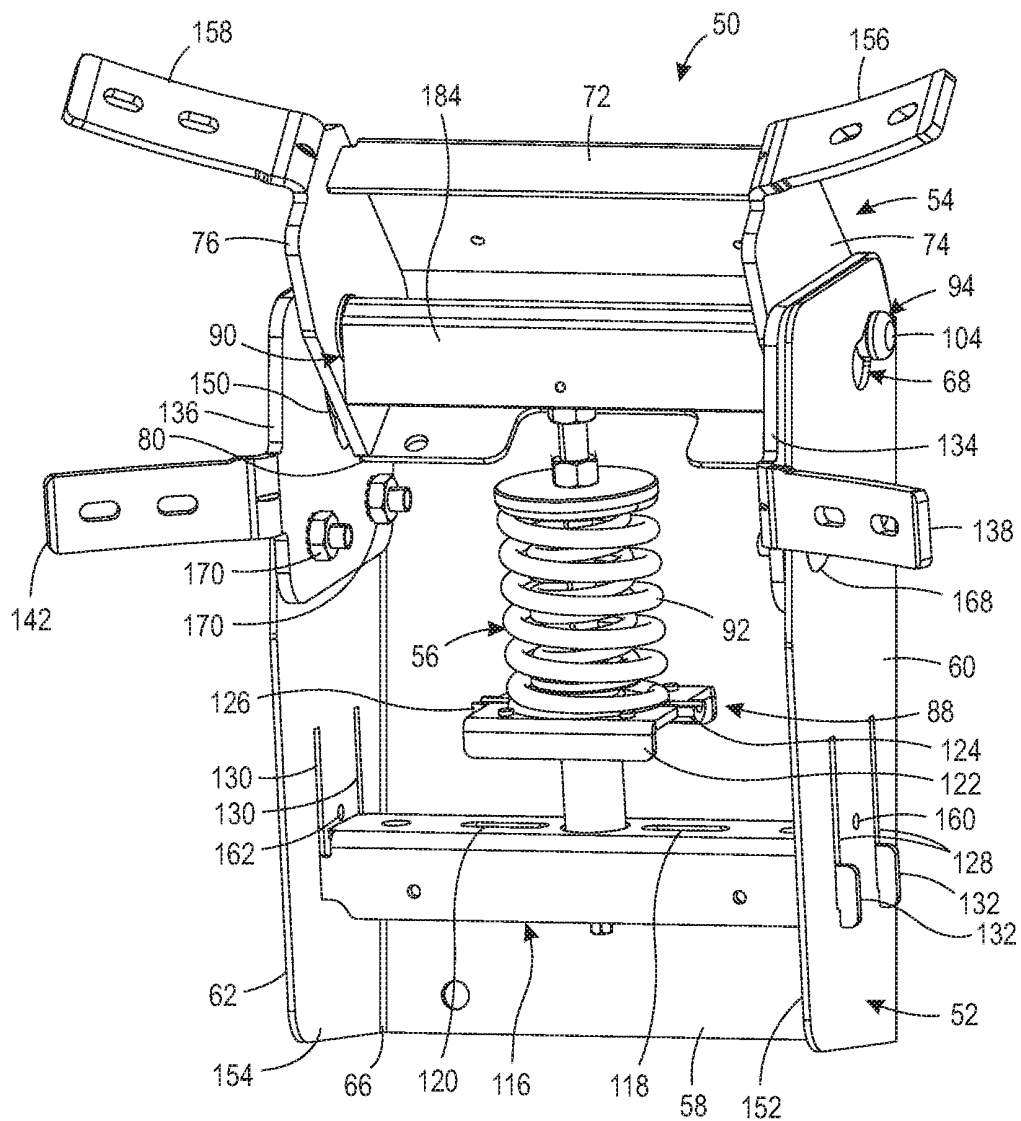


FIG. 2

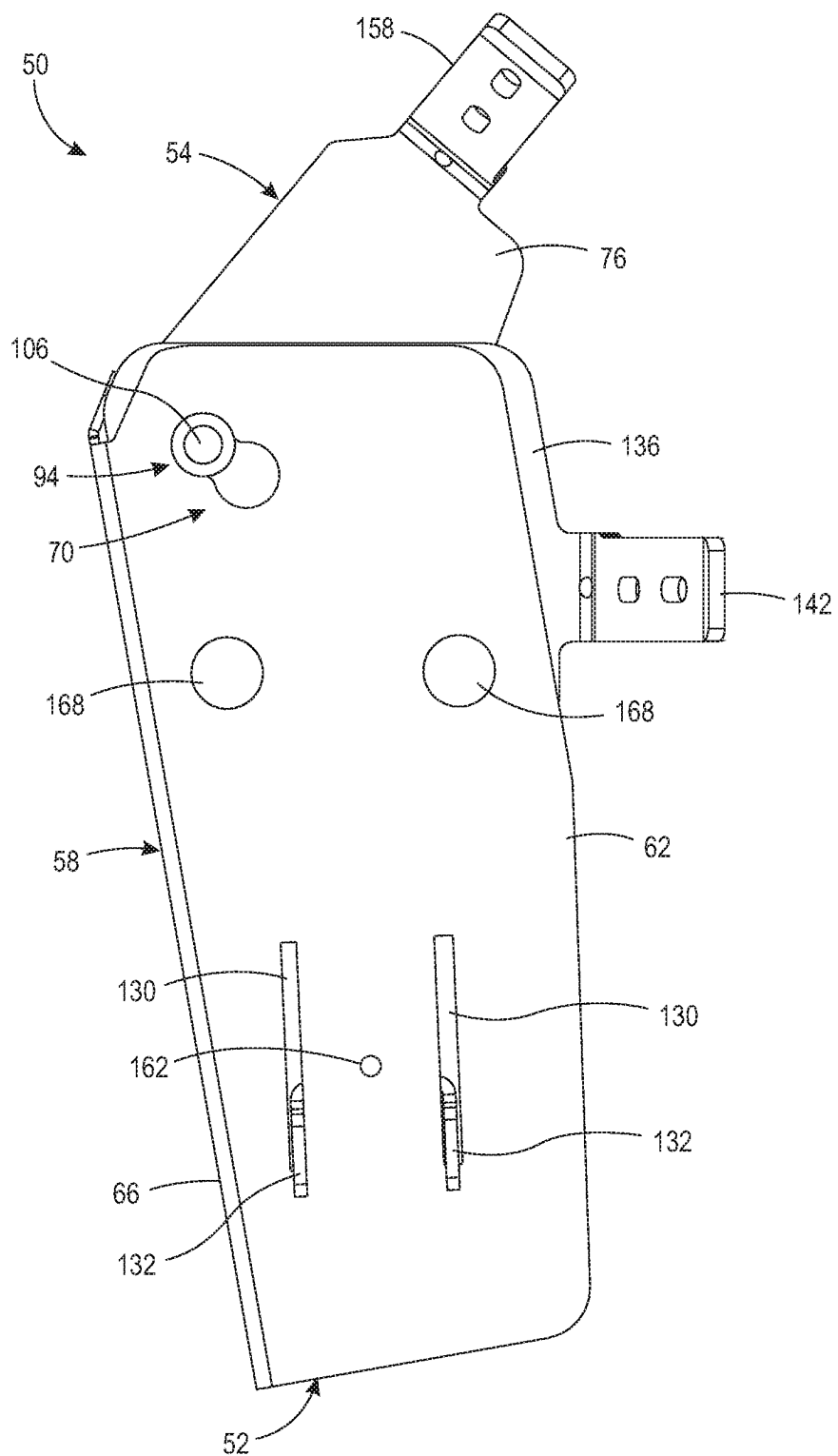


FIG. 3

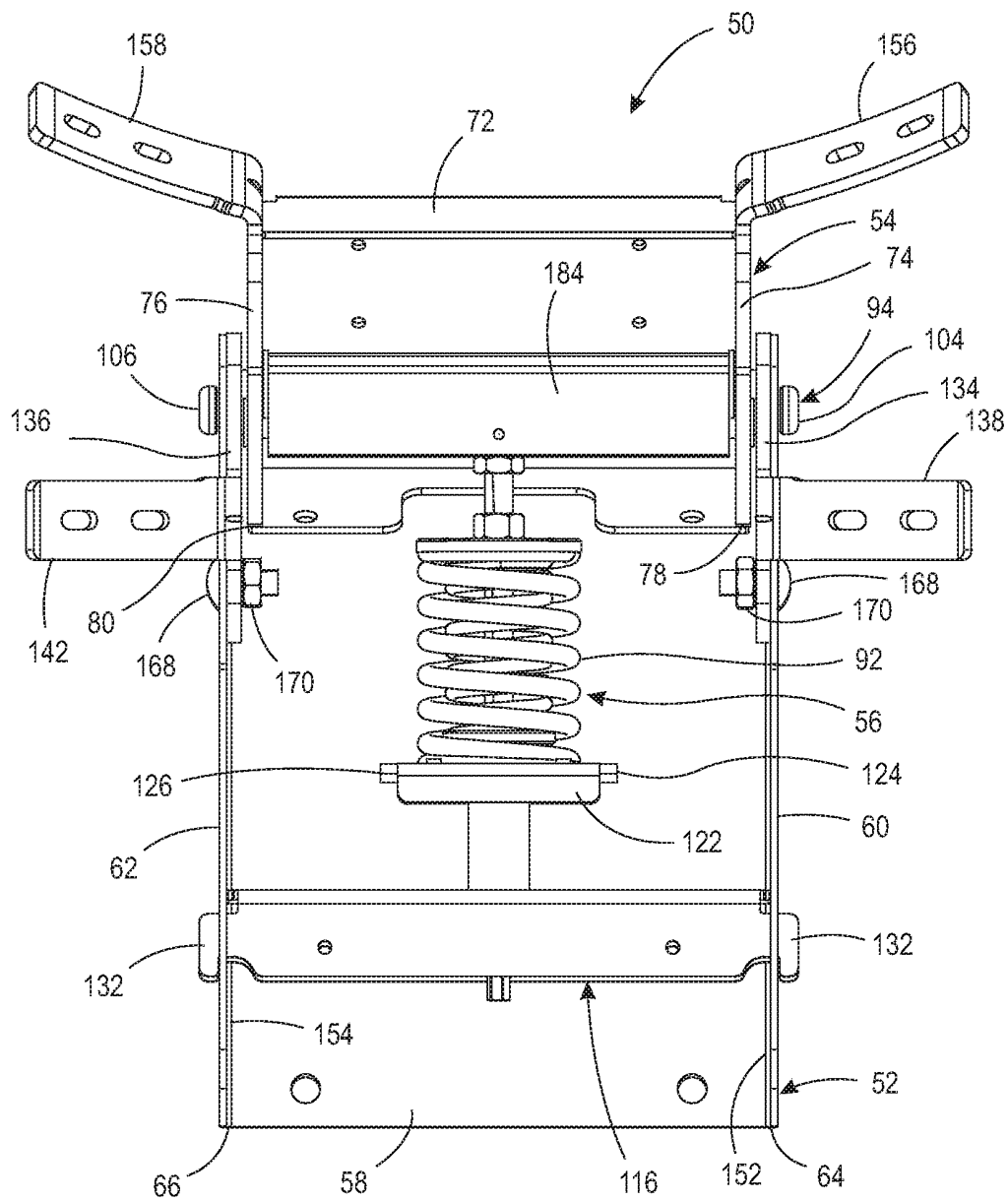


FIG. 4

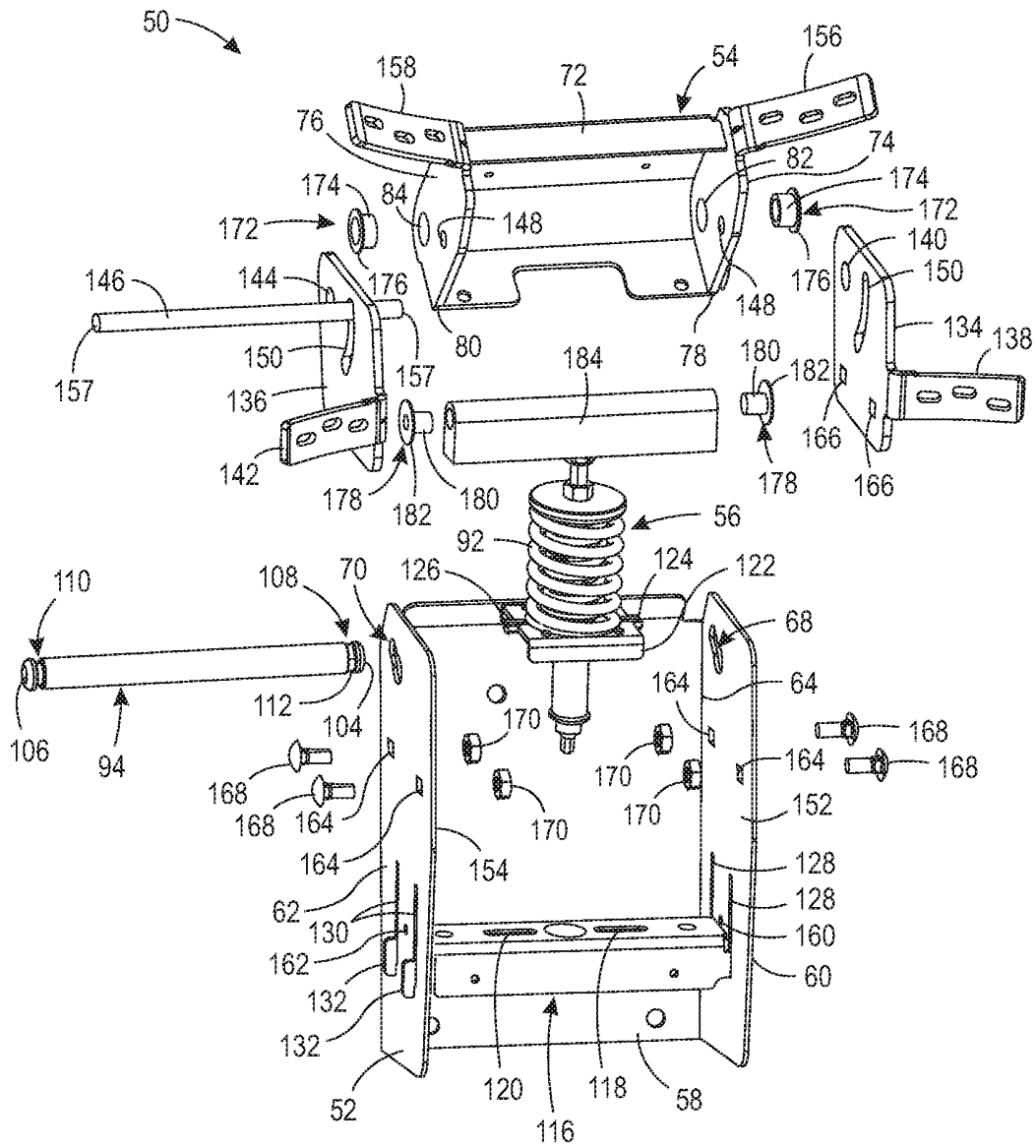


FIG. 5





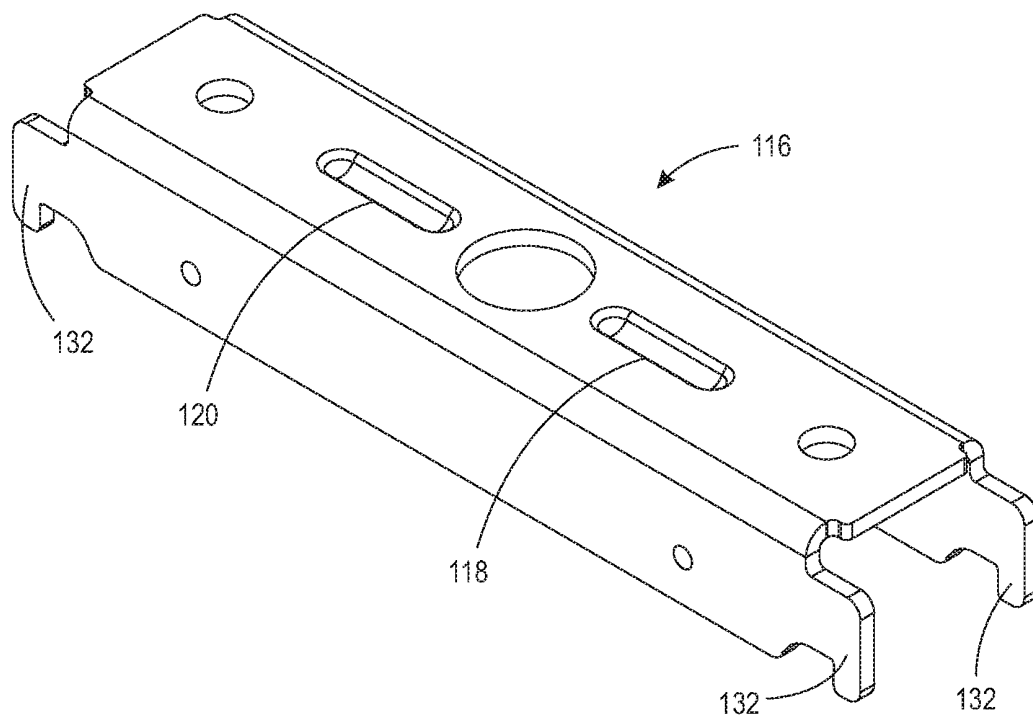


FIG. 7

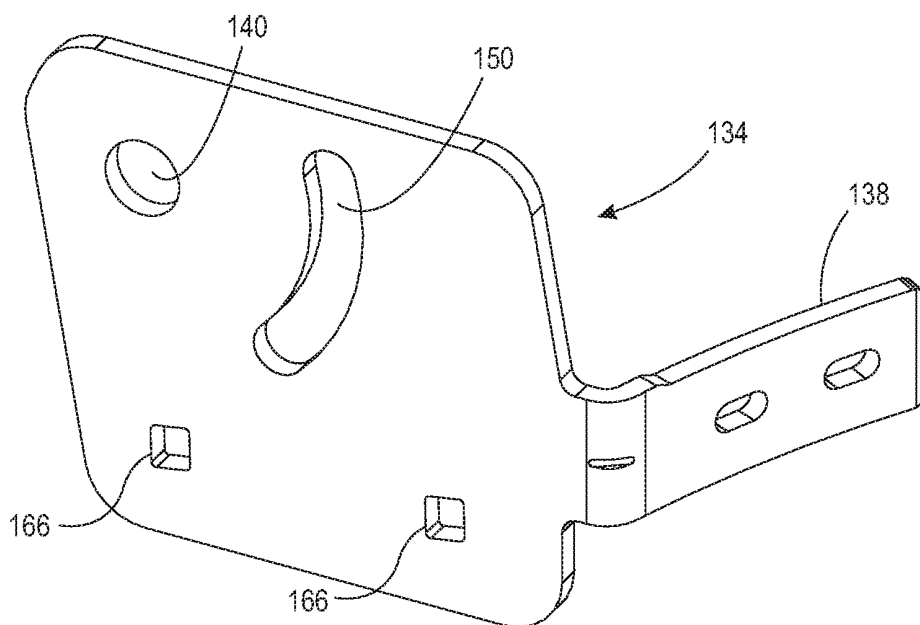


FIG. 8

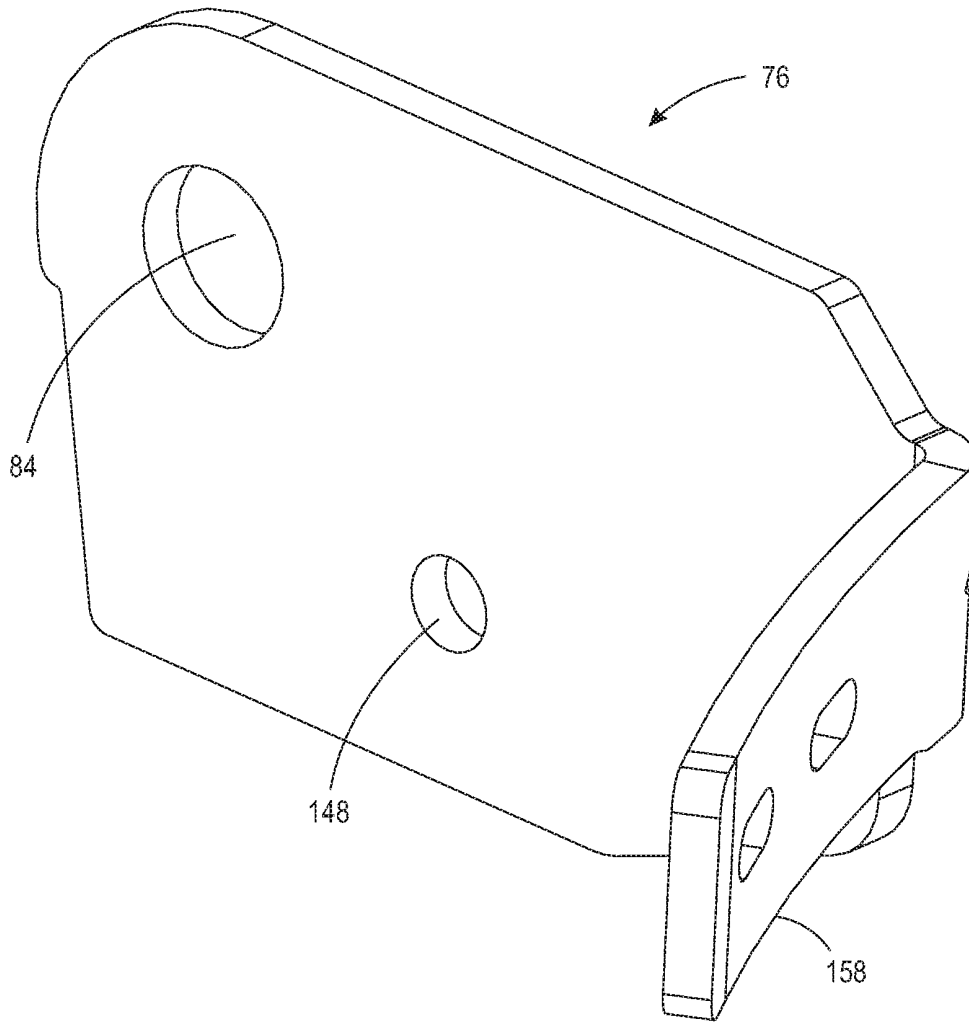


FIG. 9

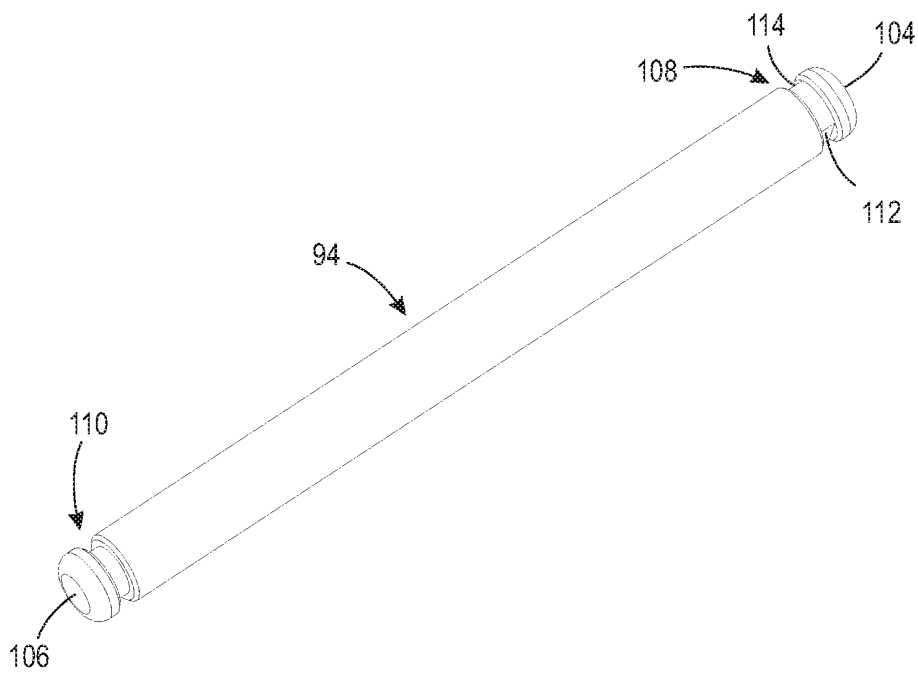


FIG. 10

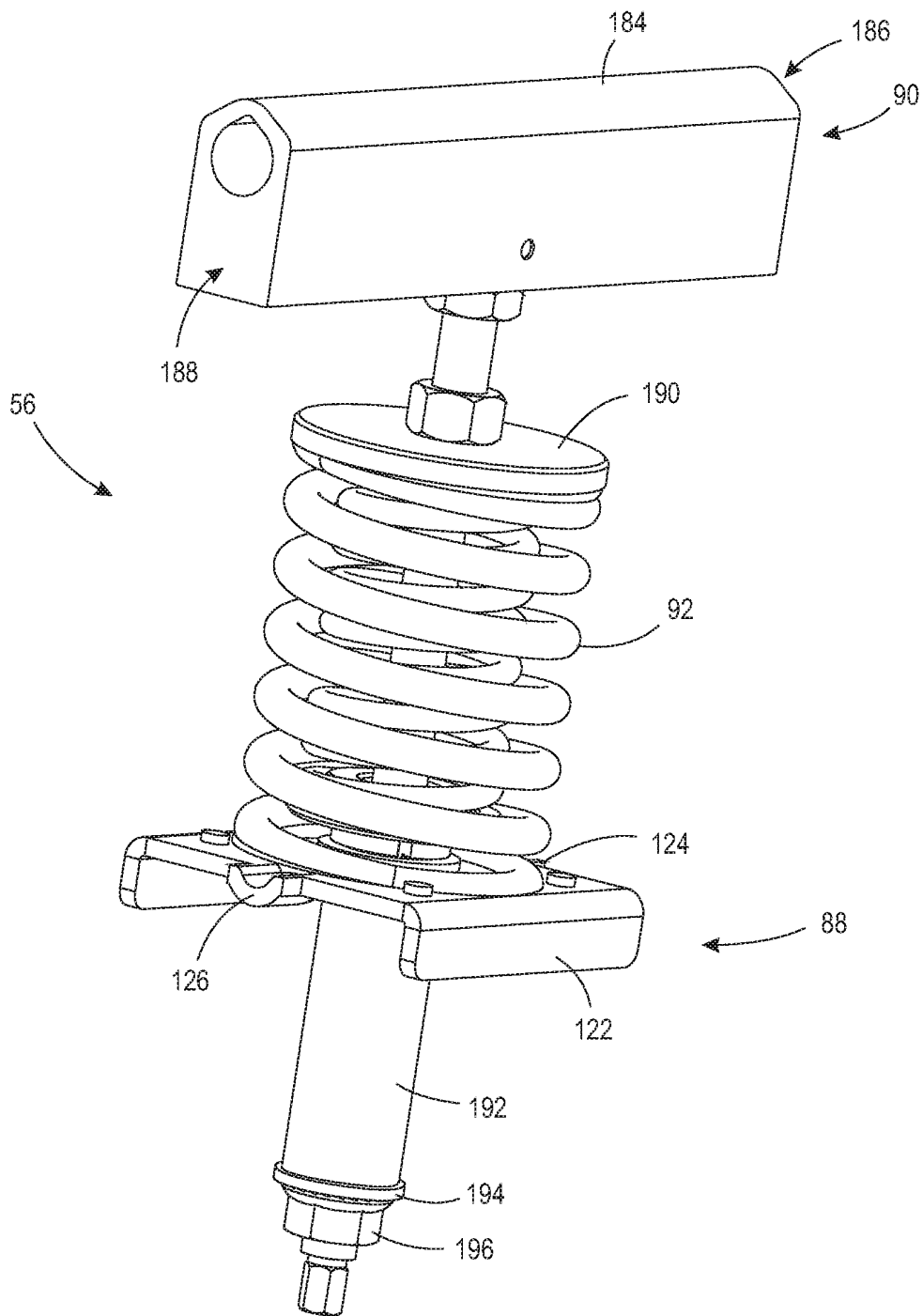


FIG. 11

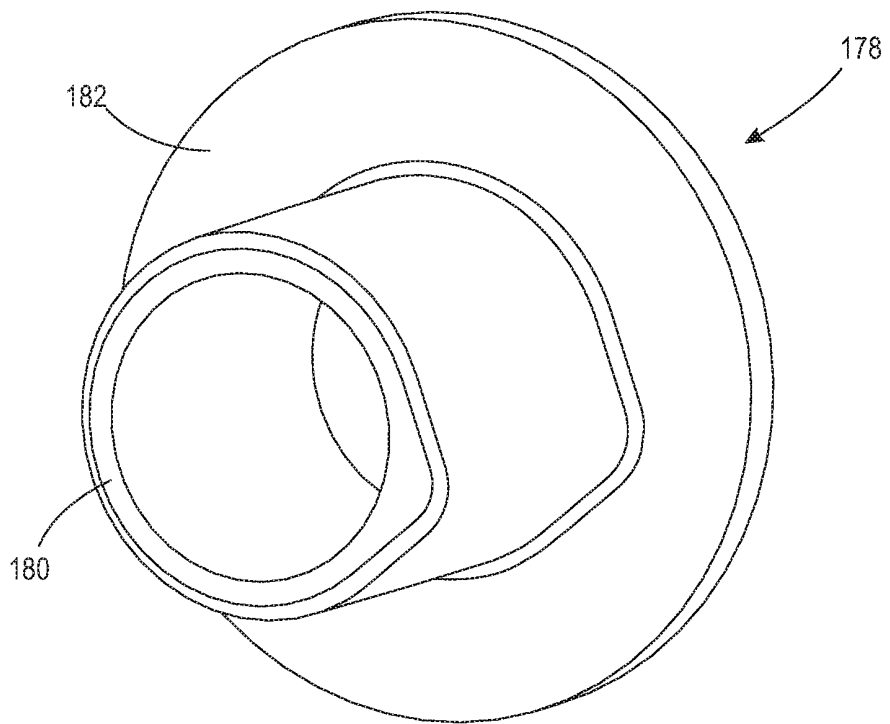


FIG. 12

## COUNTERBALANCE AND METHOD OF MAKING THE SAME

### CROSS-REFERENCE TO RELATED APPLICATIONS

This application is filed under 35 U.S.C. § 120 as a continuation of U.S. patent application Ser. No. 16/267,639, filed on Feb. 5, 2019, which application is a continuation of U.S. patent application Ser. No. 15/486,884, filed on Apr. 13, 2017, which applications are incorporated herein by reference in their entireties.

### FIELD

The invention broadly relates to counterbalances, more specifically to a counterbalance for a lid or a top, and even more particularly to a counterbalance for a lid or a top having concealed motion limiters and simplified means of assembly.

### BACKGROUND

Counterbalance assemblies are used for a variety of means known in the art. A common example includes counterbalances used to assist with opening and closing large and/or heavy covers, e.g., a ceramic smoker top which could be as heavy as seventy pounds or more. Such counterbalance assemblies are designed to provide a greater torque, which in turn provides a greater lifting force, during the initial opening of the counterbalance or cover, and the magnitude of torque decreases as the counterbalance opens further as less force is needed to assist with opening the cover. The reverse effect occurs upon closing the cover thereby minimizing the likelihood of impacting the cover on the body of the device.

Counterbalances of these types are difficult to assemble and/or install on a device, e.g., a ceramic smoker. Large spring forces must be loaded and contained throughout the assembly, or alternatively, the attachment of the counterbalance to the device may require special tooling, e.g., tooling to hold the cover in an open position during attachment. The foregoing has resulted in counterbalance assemblies with complex mechanical systems used to contain the spring forces.

Moreover, large, heavy pivoting or rotating assemblies can create safety concerns for some users. For example, exposed moving components in a counterbalance assembly can create dangerous pinch points. One such component can include a limiter to rotation of the counterbalance. Typically, rotation limiters rely on contact between two components to restrict rotation beyond a particular amount, and those components are at times easily accessible. An unsuspecting user can readily pinch a finger or article of clothing between moving components thereby creating an unsafe arrangement for a counterbalance.

As can be derived from the variety of devices and methods directed at providing counterbalance assemblies, many means have been contemplated to accomplish the desired end, i.e., easy to assemble and safe to use counterbalance structures. Heretofore, tradeoffs between cost, ease of assembly and safety were required. Thus, there is a long-felt need for a counterbalance that provides significant torque that requires reduced complexity for assembly and is safe to use.

### SUMMARY

According to aspects illustrated herein, there is provided a counterbalance assembly, comprising a housing including

a first housing side wall and a second housing side wall oppositely disposed relative to the first housing side wall, a pivot nose pivotably connected to the housing, and a spring pack disposed within a volume formed by the housing, the spring pack including a first end engaged with the housing, a second end engaged with the pivot nose, an energy storage device arranged between the first end and the second end, and a spring retainer operatively arranged to adjust a force of the energy storage device on the pivot nose.

In some embodiments, the second end is connected to a cross bridge, the cross bridge being removably connected to the first housing side wall and the second housing side wall. In some embodiments, the first end is connected to a connector, wherein the connector is pivotably connected to the pivot nose. In some embodiments, the pivot nose comprises a first pivot nose side wall and a second pivot nose side wall oppositely disposed relative to the first pivot nose side wall, and the connector is pivotably connected to the first pivot nose side wall and the second pivot nose side wall via a limit pin. In some embodiments, the limit pin is operatively arranged to engage at least one arcuate slot arranged on at least one of the first housing side wall and the second housing side wall to limit displacement of the pivot nose relative to the housing. In some embodiments, the limit pin is engaged with at least one limit through hole arranged on at least one of the first pivot nose side wall and the second pivot nose side wall. In some embodiments, the pivot nose is translationally connected to the housing. In some embodiments, the housing further comprises a front housing wall connecting the first housing side wall with the second housing side wall, and the front housing wall, the first housing side wall, and the second housing side wall form the volume. In some embodiments, the pivot nose further comprises a front pivot nose wall connecting the first pivot nose side wall and the second pivot nose side wall. In some embodiments, the spring pack further comprises a rod, the energy storage device being arranged on the rod. In some embodiments, the rod engages a hole arranged on the cross bridge. In some embodiments, the counterbalance assembly further comprises at least one hole disposed in at least one of the first housing side wall and the second housing side wall, wherein a retaining means is operatively arranged to engage the at least one hole and the cross bridge to prevent displacement of the cross bridge relative to the housing. In some embodiments, the spring pack further comprises a spacer and a pivot plate, and the spacer and the pivot plate are operatively arranged to maintain the energy storage device in a compressed state during installation of the spring pack into the housing.

According to aspects illustrated herein, there is provided a counterbalance assembly, comprising a housing including a first housing side wall, and a second housing side wall oppositely disposed relative to the first housing side wall, a pivot nose pivotably connected to the housing, a cross bridge removably connected to the first housing side wall and the second housing side wall, and a spring pack disposed within a volume formed by the housing, the spring pack including a first end engaged with the cross bridge, a second end engaged with the pivot nose, and an energy storage device arranged between the first end and the second end.

In some embodiments, the first housing side wall comprises a first slot and the second housing side wall comprises a second slot, and the cross bridge comprises a first tab hook arranged to slidably engage the first slot and a second tab hook arranged to slidably engage the second slot. In some embodiments, the cross bridge is arranged to prevent inward movement of the first housing side wall and the second

housing side wall, and the first tab hook and the second tab hook are arranged to prevent outward movement of the first housing side wall and the second housing side wall. In some embodiments, the first end is connected to a tubular connector, wherein the tubular connector is pivotably connected to the pivot nose. In some embodiments, the pivot nose comprises a first pivot nose side wall and a second pivot nose side wall oppositely disposed relative to the first pivot nose side wall, and the tubular connector is pivotably connected to the first pivot nose side wall and the second pivot nose side wall via a limit pin. In some embodiments, the limit pin is operatively arranged to engage at least one arcuate slot arranged on at least one of the first housing side wall and the second housing side wall to limit displacement of the pivot nose relative to the housing.

According to aspects illustrated herein, there is provided a counterbalance assembly, comprising a housing, a pivot nose pivotably connected to the housing, and a spring pack disposed within a volume formed by the housing, the spring pack including a first end engaged with the housing, a second end engaged with the pivot nose, an energy storage device arranged between the first end and the second end, and a spring retainer operatively arranged to adjust a force of the energy storage device on the pivot nose.

The present invention broadly comprises a counterbalance assembly including a housing, a pivot nose, and a spring pack. The housing including a front housing wall having a first housing edge and a second housing edge opposite the first housing edge, a first housing side wall projecting from the first housing edge and having a first retaining slot, and a second housing side wall oppositely disposed relative to the first housing side wall, projecting from the second housing edge and having second retaining slot in registered alignment with the first retaining slot. The pivot nose including a front pivot nose wall having a first pivot nose edge and a second pivot nose edge opposite the first pivot nose edge, a first pivot nose side wall projecting from the first pivot nose edge and having a first pivot nose through hole, and a second pivot nose side wall oppositely disposed relative to the first pivot nose side wall, projecting from the second pivot nose edge and having a second pivot nose through hole, the first and second pivot nose through holes are in registered alignment with the first and second retaining slot. The spring pack disposed within a volume formed by the housing and including a first end engaged with the housing, a second end engaged with the pivot nose, and an energy storage device arranged between the first and second ends.

Furthermore the present invention broadly comprises a method of assembling a counterbalance including a housing, a pivot nose, a pivot pin and a spring pack. The housing includes a front housing wall having a first housing edge and a second housing edge opposite the first housing edge, a first housing side wall projecting from the first housing edge and having a first retaining slot, and a second housing side wall oppositely disposed relative to the first housing side wall, projecting from the second housing edge and having second retaining slot in registered alignment with the first retaining slot, each of the first and second retaining slots comprises a first portion having a first width and a second portion having a second width smaller than the first width. The pivot nose includes a front pivot nose wall having a first pivot nose edge and a second pivot nose edge opposite the first pivot nose edge, a first pivot nose side wall projecting from the first pivot nose edge and having a first pivot through hole, and a second pivot nose side wall oppositely disposed relative to the first pivot nose side wall, projecting from the

second pivot nose edge and having a second pivot nose through hole, the first and second pivot nose through holes are in registered alignment. The spring pack includes a first end engaged with the housing, a second end engaged with the pivot nose, and an energy storage device arranged between the first and second ends. The method includes: aligning the first and second pivot through holes with the first portions of the first and second retaining slots, respectively; positioning the pivot pin within the first and second pivot through holes with the first portions of the first and second retaining slots; and, shifting the pivot pin from the first portions of the first and second retaining slots to the second portions of the first and second retaining slots.

Moreover, the present invention broadly comprises a method of assembling a counterbalance including a housing, a first housing mounting plate, a second housing mounting plate, a pivot nose, a pivot pin, a limit pin and a spring pack. The housing includes a front housing wall having a first housing edge and a second housing edge opposite the first housing edge, a first housing side wall projecting from the first housing edge and having a first retaining slot, and a second housing side wall oppositely disposed relative to the first housing side wall, projecting from the second housing edge and having a second retaining slot in registered alignment with the first retaining slot, each of the first and second retaining slots comprises a first portion having a first width and a second portion having a second width smaller than the first width. The first housing mounting plate includes a first mounting tab, a first arcuate slot and a first mounting plate through hole. The second housing mounting plate includes a second mounting tab, a second arcuate slot and a second mounting plate through hole, each of the first and second pivot nose side walls includes a limit through hole. The pivot nose includes a front pivot nose wall having a first pivot nose edge and a second pivot nose edge opposite the first pivot nose edge, a first pivot nose side wall projecting from the first pivot nose edge and having a first pivot through hole and a limit pin through hole, and a second pivot nose side wall oppositely disposed relative to the first pivot nose side wall, projecting from the second pivot nose edge and having a second pivot nose through hole, and the first and second pivot nose through holes are in registered alignment. The spring pack includes a first end engaged with the housing, a second end engaged with the pivot nose, and an energy storage device arranged between the first and second ends. The method includes: aligning the second end of the spring pack with the through holes in the first and second pivot nose side walls and first and second arcuate slots; and, positioning the limit pin within the second end of the spring pack, the limit through holes in the first and second pivot nose side walls and the first and second arcuate slots.

These and other objects and advantages of the present invention will be readily appreciable from the following description of preferred embodiments of the invention and from the accompanying drawings and claims.

#### BRIEF DESCRIPTION OF THE DRAWINGS

The nature and mode of operation of the present invention will now be more fully described in the following detailed description of the invention taken with the accompanying drawing figures, in which:

FIG. 1 is a top back perspective view of an embodiment of a present counterbalance assembly;

FIG. 2 is a back perspective view of an embodiment of a present counterbalance assembly;

FIG. 3 is a right side elevational view of an embodiment of a present counterbalance assembly;

FIG. 4 is a back elevational view of an embodiment of a present counterbalance assembly;

FIG. 5 is an exploded back perspective view of an embodiment of a present counterbalance assembly;

FIG. 6 is a back perspective view of an embodiment of a housing for a present counterbalance assembly;

FIG. 7 is a perspective view of an embodiment of a cross bridge for a present counterbalance assembly;

FIG. 8 is a perspective view of an embodiment of a housing mounting plate for a present counterbalance assembly;

FIG. 9 is a perspective view of an embodiment of a pivot nose side wall for a present counterbalance assembly;

FIG. 10 is a perspective view of an embodiment of a pivot pin for a present counterbalance assembly;

FIG. 11 is a perspective view of an embodiment of a spring pack for a present counterbalance assembly; and,

FIG. 12 is a perspective view of an embodiment of a bushing for a present counterbalance assembly.

#### DETAILED DESCRIPTION OF THE INVENTION

At the outset, it should be appreciated that like drawing numbers on different drawing views identify identical, or functionally similar, structural elements of the invention. While the present invention is described with respect to what is presently considered to be the preferred aspects, it is to be understood that the invention as claimed is not limited to the disclosed aspects.

Furthermore, it is understood that this invention is not limited to the particular methodology, materials and modifications described and as such may, of course, vary. It is also understood that the terminology used herein is for the purpose of describing particular aspects only, and is not intended to limit the scope of the present invention, which is limited only by the appended claims.

Unless defined otherwise, all technical and scientific terms used herein have the same meaning as commonly understood to one of ordinary skill in the art to which this invention belongs. It should be appreciated that, as used herein, the phrases “comprises at least one of” and “comprising at least one of” in combination with a system or element is intended to mean that the system or element includes one or more of the elements listed after the phrase. For example, a device comprising at least one of: a first element; a second element; and, a third element, is intended to be construed as any one of the following structural arrangements: a device comprising a first element; a device comprising a second element; a device comprising a third element; a device comprising a first element and a second element; a device comprising a first element and a third element; a device comprising a first element, a second element and a third element; or, a device comprising a second element and a third element. A similar interpretation is intended when the phrase “used in at least one of:” is used herein. Furthermore, as used herein, “and/or” is intended to mean a grammatical conjunction used to indicate that one or more of the elements or conditions recited may be included or occur. For example, a device comprising a first element, a second element and/or a third element, is intended to be construed as any one of the following structural arrangements: a device comprising a first element; a device comprising a second element; a device comprising a third element; a device comprising a first element and a second

element; a device comprising a first element and a third element; a device comprising a first element, a second element and a third element; or, a device comprising a second element and a third element.

Although any methods, devices or materials similar or equivalent to those described herein can be used in the practice or testing of the invention, the preferred methods, devices, and materials are now described.

Adverting now to the figures, FIGS. 1-5 show embodiments of a present counterbalance assembly, i.e., counterbalance assembly 50. Counterbalance assembly 50 comprises housing 52, pivot nose 54 and spring pack 56. Housing 52 comprises front housing wall 58 and housing side walls 60 and 62. Front housing wall 58 comprises first housing edge 64 and second housing edge 66 opposite first housing edge 64. First housing side wall 60 projects from first housing edge 64 and comprises first retaining slot 68. Second housing side wall 62 is oppositely disposed relative to first housing side wall 60 and projects from second housing edge 66. Second housing side wall 62 comprises second retaining slot 70 in registered alignment with first retaining slot 68. Pivot nose 54 comprises front pivot nose wall 72, first pivot nose side wall 74 and second pivot nose side wall 76. Front pivot nose wall 72 comprises first pivot nose edge 78 and second pivot nose edge 80 opposite first pivot nose edge 78. First pivot nose side wall 74 projects from first pivot nose edge 78 and comprising first pivot nose through hole 82. Second pivot nose side wall 76 is oppositely disposed relative to first pivot nose side wall 74, projects from second pivot nose edge 80 and comprises second pivot nose through hole 84. First and second pivot nose through holes 82 and 84, respectively, are in registered alignment with first and second retaining slot 68 and 70, respectively. Spring pack 56 is disposed within volume 86 formed by housing 52 and comprises first end 88 engaged with housing 52, second end 90 engaged with pivot nose 54, and energy storage device 92 arranged between first and second ends 88 and 90, respectively. It should be appreciated that energy storage device 92 can be any known means in the art, which may include but is not limited to, a helical spring, a leaf spring, a resilient material such as a rubber, a hydraulic piston, etc.

In some embodiments, counterbalance assembly 50 further comprises pivot pin 94, each of first and second retaining slots 68 and 70, respectively, comprises first portion 96 having first width 98 and second portion 100 having second width 102 smaller than first width 98, and pivot pin 94 releasably engages second portion 100 of first and second retaining slots 68 and 70, respectively. In some embodiments, pivot pin 94 comprises first end 104 and second end 106 opposite first end 104. In those embodiments, first end 104 comprises shaped portion 108 arranged to complementarily engage second portion 100 of first retaining slot 68 and/or second end 106 comprises shaped portion 110 arranged to complementarily engage second portion 100 of second retaining slot 70. It should be appreciated that as used herein relative to the engagement of second portion 100 of first retaining slot 68 and shaped portion 108 of first end 104, and relative to the engagement of second portion 100 of second retaining slot 70 and shaped portion 110 of second end 106, “complementarily engage” may be interpreted to mean that the shaped portions fit within the second portions and/or the shaped portions fit within and non-rotatably engage the second portions. In some embodiments, shaped portion 108 of first end 104 comprises at least one flat surface, e.g., flat surfaces 112 and 114, arranged to non-rotatably and complementarily engage second portion 100 of



first retaining slot **68** and/or shaped portion **110** of second end **106** comprises similar at least one flat surface (not shown) arranged to non-rotatably and complementarily engage second portion **100** of second retaining slot **70**. It should be further appreciated that although at least one flat surface is disclosed, other configurations are also possible. For example, the second portions of the slots may comprise wedge shapes and the shaped portion or portions of the pivot pin may comprise a complementary wedge shape thereby preventing rotational movement between the pivot pin and the housing. Moreover, one or both of first and second ends **104** and **106**, respectively, may include a shaped portion arranged to non-rotatably engage one or both of first and second retaining slots **68** and **70**, respectively. Alternatively, or in addition to, the retaining slots may each have a unique size thereby requiring a particular arrangement of pivot pin **94** therein.

In some embodiments, housing **52** further comprises cross bridge **116** arranged between first and second housing side walls **60** and **62**, respectively, and to engage first end **88** of spring pack **56**. In some embodiments, cross bridge **116** further comprises a pair of recessed channels, i.e., recessed channels **118** and **120**, and first end **88** of spring pack **56** comprises pivot plate **122** having a pair of embossed tabs, i.e., embossed tabs **124** and **126**, arranged to pivotally engage the pair of recessed channels **118** and **120**. In some embodiments, housing **52** further comprises a pair of parallel slots, **128** and **130** in each of first and second housing side walls **60** and **62**, respectively, and cross bridge **116** comprises a plurality of tab hooks, i.e., tab hooks **132**, arranged to slidably engage the pairs of parallel slots **128** and **130** in first and second housing side walls **60** and **62**, respectively. Cross bridge **116** is arranged to prevent inward movement of first and second housing side walls **60** and **62**, respectively, and the plurality of tab hooks **132** are arranged to prevent outward movement of first and second housing side walls **60** and **62**, respectively. It should be appreciated that cross bridge **116** may be secured within housing **52** by other means, e.g., welded in place between first and second housing side walls, and in some embodiments to housing front wall **58**, and such variations fall within the spirit and scope of the claimed invention.

In some embodiments, housing **52** further comprises first housing mounting plate **134** and second housing mounting plate **136**. First housing mounting plate **134** comprises first mounting tab **138** and first mounting plate through hole **140**. Second housing mounting plate **136** comprises second mounting tab **142** and second mounting plate through hole **144**. First and second mounting plate through holes **140** and **144**, respectively, first and second pivot nose through holes **82** and **84**, respectively, and first and second retaining slot **68** and **70**, respectively, are in registered alignment. In some embodiments, pivot nose **54** further comprises limit pin **146**. Each of first and second pivot nose side walls **74** and **76**, respectively, comprises limit through hole **148**, each of first and second housing mounting plates **134** and **136**, respectively, further comprises arcuate slot **150**. Limit pin **146** is arranged in limit through holes **148** of first and second pivot nose side walls **74** and **76**, respectively, and each end **157** of limit pin **146** extends into arcuate slots **150** of first and second housing mounting plates **134** and **136**, respectively. In some embodiments, second end **90** of spring pack **56** engages limit pin **146**. Moreover, in some embodiments, first and second mounting plates **134** and **136**, respectively, are fixedly secured to inner surfaces **152** and **154** of first and second housing side walls **60** and **62**, respectively. It should be appreciated in view of the foregoing arrangements, in

some embodiments, limit pin **146** is fully captured within counterbalance assembly **50**. In other terms, limit pin **146** passes through each limit through hole **148** and arcuate slot **150**; however, limit pin **146** is captured within housing **52** by inner surfaces **152** and **154**. Thus, as counterbalance assembly **50** is actuated from a closed to open position, and from an open to a closed position, users of assembly **50** are protected from potential injury from the moving limit pin **146** within arcuate slots **150**.

In some embodiments, each of pivot nose side walls **74** and **76** comprises a mounting tab, e.g., mounting tabs **156** and **158**, respectively. Various other aspects of the present counterbalance assembly are now described to enable one to appreciate some of the other features and benefits of the present arrangements. For example, in some embodiments, housing **52** comprises holes **160** and **162** disposed in first and second housing walls **60** and **62**, respectively. After assembling counterbalance **50**, but prior to installing counterbalance **50** on a subsequent device, e.g., a ceramic grill, a screw or other retaining means can be installed within holes **160** and **162** thereby preventing any upward movement of cross bridge **116**. Moreover, housing **52** may include holes **164** in first and second housing walls **60** and **62**, respectively, arranged to assist with securing first and second housing mounting plates **134** and **136**, respectively, via through holes **166** within the same. As depicted in the figures, bolts **168** may be secured within each of holes **164** and **166** via nuts **170**, thereby securing the housing mounting plates to the housing. However, it should be appreciated that any means of securing the housing mounting plates within the housing may be used.

In some embodiments, frictional wear between metal parts may be minimized or prevented via inclusion of bushings. For example, bushings **172** comprising body **174** and flange **176** may be included between pivot nose side walls **74** and **76** and housing mounting plates **134** and **136**. Body portion **174** is installed within pivot nose through holes **82** and **84**, while flange **176** prevents direct metal-to-metal contact between the pivot nose side walls and housing mounting plates. Similarly, bushings **178** comprising shaped body **180** and flange **182** may be included between pivot nose side walls **74** and **76** and connector **184**. Openings **186** and **188** of connector **184** may be shaped to complementarily engage shaped body **180**. Body portion **180** is installed within openings **186** and **188**, while flange **182** prevents direct metal-to-metal contact between the pivot nose side walls and the connector.

In some embodiments, spring pack **56** comprises spring retainer **190**, spacer **192**, washer **194** and nut **196**. The torque provided by counterbalance assembly **50** may be adjusted by changing the position of spring retainer **190**. Spacer **192**, washer **194** and nut **196** are used to retain energy storage device **92** in a compressed position until after counterbalance assembly **50** is secured to a subsequent device, e.g., a ceramic smoker/grill. It should be appreciated that, in the embodiments depicted in the figures, forces are transmitted from housing **52** to cross bridge **116**, to pivot plate **122**, to energy storage device **92**, to connector **184**, to limit pin **146** and finally to pivot nose side walls **74** and **76**, while arcuate slots **150** limit the range of travel of the assembly.

In some embodiments, the present disclosure includes a method of assembling a counterbalance, e.g., counterbalance **50**. The method comprises: aligning first and second pivot through holes **82** and **84**, respectively, with first portions **96** of first and second retaining slots **68** and **70**, respectively; positioning pivot pin **94** within first and second pivot through holes **82** and **84**, respectively, with first

portions **96** of first and second retaining slots **68** and **70**, respectively; and, shifting pivot pin **94** from first portions **96** of first and second retaining slots **68** and **70**, respectively, to second portions **100** of first and second retaining slots **68** and **70**, respectively.

In some embodiments, prior to the step of aligning first and second pivot through holes **82** and **84**, respectively, with first portions **96** of first and second retaining slots **68** and **70**, respectively, the present method further comprises: aligning second end **90** of spring pack **56** with through holes **148** in first and second pivot nose side walls **74** and **76**, respectively, and first and second arcuate slots **150**, respectively; and, positioning limit pin **146** within second end **90** of spring pack **56**, through holes **148** in first and second pivot nose side walls **74** and **76**, respectively, and first and second arcuate slots **150**, respectively. In some embodiments, after the step of shifting pivot pin **94**, further comprises: fixedly securing first and second housing mounting plates **134** and **136**, respectively, to first and second housing side walls **60** and **62**, respectively.

In some embodiments, the present method further comprises: engaging first end **88** of spring pack **56** with cross bridge **116**.

In some embodiments, the present disclosure includes a method of assembling a counterbalance, e.g., counterbalance **50**. The method comprises: aligning second end **90** of spring pack **56** with through holes **148** in first and second pivot nose side walls **74** and **76**, respectively, and first and second arcuate slots **150**; and, positioning limit pin **146** within second end **90** of spring pack **56**, limit through holes **148**, respectively, in first and second pivot nose side walls **74** and **76**, respectively, and first and second arcuate slots **150**.

Thus, it is seen that the objects of the present invention are efficiently obtained, although modifications and changes to the invention should be readily apparent to those having ordinary skill in the art, which modifications are intended to be within the spirit and scope of the invention as claimed. It also is understood that the foregoing description is illustrative of the present invention and should not be considered as limiting. Therefore, other embodiments of the present invention are possible without departing from the spirit and scope of the present invention.

What is claimed is:

1. A counterbalance assembly, comprising:
  - a housing including:
    - a first housing side wall; and,
    - a second housing side wall oppositely disposed relative to the first housing side wall;
  - a pivot nose pivotably connected to the housing; and,
  - a spring pack disposed within a volume formed by the housing, the spring pack including:
    - a first end engaged with the housing;
    - a second end engaged with the pivot nose;
    - an energy storage device arranged between the first end and the second end; and,
    - a spring retainer operatively arranged between the second end and the energy storage device to adjust a force of the energy storage device on the pivot nose.
2. The counterbalance assembly as recited in claim 1, wherein the first end is connected to a cross bridge, the cross bridge being removably connected to the first housing side wall and the second housing side wall.
3. The counterbalance assembly as recited in claim 2, wherein the spring pack further comprises a rod, the energy storage device being arranged on the rod.
4. The counterbalance assembly as recited in claim 3, wherein the rod engages a hole arranged on the cross bridge.

5. The counterbalance assembly as recited in claim 2, further comprising at least one hole disposed in at least one of the first housing side wall and the second housing side wall, wherein a retaining means is operatively arranged to engage the at least one hole and the cross bridge to prevent displacement of the cross bridge relative to the housing.

6. The counterbalance assembly as recited in claim 1, wherein the second end is connected to a connector, wherein the connector is pivotably connected to the pivot nose.

7. The counterbalance assembly as recited in claim 6, wherein:

the pivot nose comprises a first pivot nose side wall and a second pivot nose side wall oppositely disposed relative to the first pivot nose side wall; and,

the connector is pivotably connected to the first pivot nose side wall and the second pivot nose side wall via a limit pin.

8. The counterbalance assembly as recited in claim 7, wherein the limit pin is operatively arranged to engage at least one arcuate slot arranged in the counterbalance assembly to limit displacement of the pivot nose relative to the housing.

9. The counterbalance assembly as recited in claim 8, wherein the limit pin is engaged with at least one limit through hole arranged on at least one of the first pivot nose side wall and the second pivot nose side wall.

10. The counterbalance assembly as recited in claim 7, wherein the pivot nose further comprises a front pivot nose wall connecting the first pivot nose side wall and the second pivot nose side wall.

11. The counterbalance assembly as recited in claim 1, wherein the pivot nose is translationally connected to the housing.

12. The counterbalance assembly as recited in claim 1, wherein:

the housing further comprises a front housing wall connecting the first housing side wall with the second housing side wall; and,

the front housing wall, the first housing side wall, and the second housing side wall form the volume.

13. The counterbalance assembly as recited in claim 1, wherein:

the spring pack further comprises a spacer and a pivot plate; and,

the spacer and the pivot plate are operatively arranged to maintain the energy storage device in a compressed state during installation of the spring pack into the housing.

14. A counterbalance assembly, comprising:

a housing including:

a first housing side wall; and,

a second housing side wall oppositely disposed relative to the first housing side wall;

a pivot nose pivotably connected to the housing;

a cross bridge removably connected to and extending through the first housing side wall and the second housing side wall; and,

a spring pack disposed within a volume formed by the housing, the spring pack including:

a first end engaged with the cross bridge;

a second end engaged with the pivot nose; and,

an energy storage device arranged between the first end and the second end.

15. The counterbalance assembly as recited in claim 14, wherein:

the first housing side wall comprises a first slot and the second housing side wall comprises a second slot; and,

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the cross bridge comprises a first tab hook arranged to slidingly engage the first slot and a second tab hook arranged to slidingly engage the second slot.

**16.** The counterbalance assembly as recited in claim **15**, wherein:

the cross bridge is arranged to prevent inward movement of the first housing side wall and the second housing side wall; and,

the first tab hook and the second tab hook are arranged to prevent outward movement of the first housing side wall and the second housing side wall.

**17.** The counterbalance assembly as recited in claim **14**, wherein the second end is connected to a tubular connector, wherein the tubular connector is pivotably connected to the pivot nose.

**18.** The counterbalance assembly as recited in claim **17**, wherein:

the pivot nose comprises a first pivot nose side wall and a second pivot nose side wall oppositely disposed relative to the first pivot nose side wall; and,

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the tubular connector is pivotably connected to the first pivot nose side wall and the second pivot nose side wall via a limit pin.

**19.** The counterbalance assembly as recited in claim **18**, wherein the limit pin is operatively arranged to engage at least one arcuate slot arranged on at least one of the first housing side wall and the second housing side wall to limit displacement of the pivot nose relative to the housing.

**20.** A counterbalance assembly, comprising:

a housing;

a pivot nose pivotably connected to the housing; and,

a spring pack disposed within a volume formed by the housing, the spring pack including:

a first end engaged with the housing;

a second end engaged with the pivot nose;

an energy storage device arranged between the first end and the second end; and,

a spring retainer operatively arranged between the second end and the energy storage device to adjust a force of the energy storage device on the pivot nose.

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